

Determinants of Percutaneous Coronary Intervention and Coronary Artery Bypass Grafting: A Systematic Review and Meta-analysis

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ABSTRACT

Introduction: Coronary Artery Bypass Graft (CABG) surgery has potential benefits for patients with Coronary Artery Disease (CAD). The consensus associated with Percutaneous Coronary Intervention (PCI) and CABG was in terms of clinical outcomes, type of vessel disease, repeat revascularisation, stroke, myocardial infarction, and heart failure. Hence, a comparison of PCI versus CABG is becoming important to identify patients who would benefit from PCI and CABG.

Aim: This review was conducted to identify the pathophysiological determinants of PCI and CABG.

Materials and Methods: In the present systematic review, Medline (PubMed), EMBASE, ProQuest, and the Cochrane database were searched, by using the key words “PCI” OR “percutaneous coronary intervention” AND “CABG” OR “coronary artery bypass grafting”. The searches were restricted from January 2009 to June 2021, with studies published in the English language. Comparative studies of CABG versus PCI with stent placement were the inclusion criteria.

For meta-analysis Mantel-Haenszel Odds Ratio (MHOR) with its 95% Confidence Interval (CI), Mean Difference (MD) with its 95% CI were computed.

Results: Overall, 408 titles or abstracts were identified from the initial search, of which full manuscripts of 93 studies were retrieved, in the first phase. Later, 71 studies were not retrieved. Of the remaining 22 studies, 19 were subjected to meta-analysis. This review contributes a sample size of 17,053. Mean age of the study population of PCI group was 66.15 ± 10.71 years and in CABG group it was 66.16 ± 9.43 years. PCI was performed among patients with higher ejection fraction (MD=2.13; 95% CI=1.75 to 2.52) or higher Synergy between percutaneous coronary intervention with Taxus and coronary artery bypass surgery (SYNTAX) score (MD=-3.43; 95% CI=-3.98 to -2.87). CABG was considered for the patients with a higher Euro score (MD=0.28; 95% CI=0.2 to 0.35).

Conclusion: The ejection fraction, SYNTAX score, euro score, type of vessel disease, chronic kidney disease, and diabetes are the determinants of PCI and CABG.

Keywords: Coronary artery disease, Ejection fraction, Euro score, Revascularisation

INTRODUCTION

Percutaneous coronary intervention is focused on treating flow disrupting lesions and it is constrained to new infarcts. The CABG supports the flow distal to the occluded vessel. The CABG was primarily done in patients with triple vessel disease and PCI was performed in single or double vessel diseased cases [1].

Even though PCI is routinely followed, the CABG is considered as gold standard for cardiac remodelling. The consensus associated with PCI and CABG was in terms of safety outcomes, especially an increase in repeat revascularisation in PCI and an increase in the incidents of strokes among CABG cases. However, CABG is the best revascularisation technique, conferring decreased mortality and risk of repeat revascularisation [2]. PCI is suggested to be an appropriate revascularisation procedure in patients with a lower SYNTAX score and CABG is preferred for the cases with a high euro score [3]. Non surgical patients present a challenge in the treatment and are recommended for the PCI with bare metal stents. Unfortunately, the mortality and revascularisation rates are inferior among PCI cases, when compare with CABG [4].

The CABG is not a cure for Coronary Heart Disease (CHD), as it does not stop disease progression and the grafts can calcify with restenosis. It also carries the risks of Myocardial Infarctions (MI), stroke, arrhythmias and death. PCI has advanced the survival of patients with CHD by reducing the need for CABG. Independent of stent type used, the PCI reports patient survival as well as the incidence of MI [2]. Despite the development in stent technology, pharmacotherapy or adjunctive imaging, which made the use of

PCI a common treatment regimen, CABG continues to be the standard treatment for CAD. However, the optimal revascularisation procedure in CAD patient's remains controversial [5]. The emergence of drug eluting stents and advancement in technology has caused a pivotal role in cardiology [6]. Hence, identifications of patients who would benefit from PCI and CABG would be intriguing. This review aimed to identify the pathophysiological determinants of PCI and CABG.

MATERIALS AND METHODS

In the present systematic review, Medline (PubMed), EMBASE, ProQuest, and the Cochrane database were searched, by utilising a combination of the relevant Medical Subject Heading (MeSH) terms and the key words “PCI” OR “percutaneous coronary intervention” AND “CABG” OR “coronary artery bypass grafting”. In the Cochrane database the search was limited by the term “clinical trial”. The searches were restricted from January 2009 to June 2021 with studies published in the English language. Citations were screened at the title or abstract level and retrieved as a full report if they were clinical studies, compared PCI with CABG. The literature search and analysis was conducted from December 2020 to June 2021.

Inclusion criteria: Randomised Controlled Trials (RCTs), cohort and descriptive studies, which made an attempt to address the pathophysiological characteristics of revascularisation procedures, were included. The studies conducted on adult patients who underwent PCI or CABG irrespective of study setting and regions were also included.

Exclusion criteria: If the outcome measure (pathophysiological determinants) was not reported or was impossible to extract or calculate from the available results, then such studies were excluded.

Study Procedure

Search strategy: Screening criteria in preliminary search were the pathophysiological determinants associated with PCI and CABG. In the second phase full manuscripts of all the studies which qualified the screening criteria, were obtained. Selection criteria were applied to each of these studies and valid studies were subjected for final data extraction.

Methods used to collect the data: The keywords “PCI” OR “percutaneous coronary intervention” AND “CABG” OR “coronary artery bypass grafting” were entered into different database and year-wise search was conducted. Titles or abstracts were screened for the content and full manuscripts of the studies were obtained. All the downloaded articles were studied and subjected for eligibility criteria and a list of selected studies was obtained. They were further subjected for inclusion and relevant data were extracted.

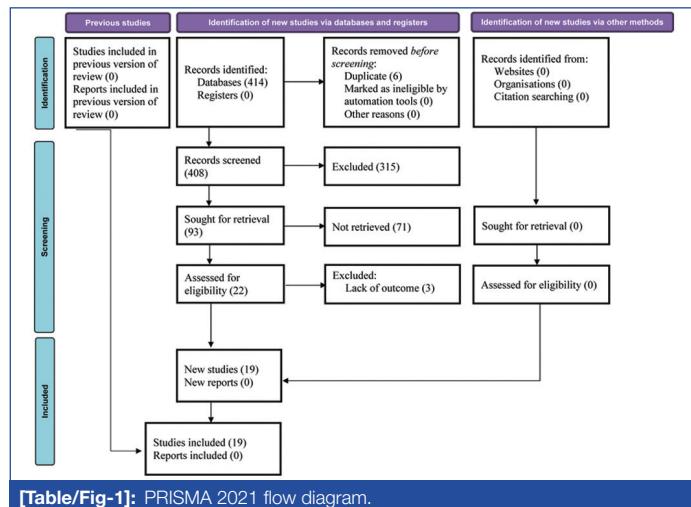
Quality assessment: All the included studies for meta-analysis were subjected to methodological quality appraisal using the Cochrane risk of bias assessment tool, and the Joanna Briggs Institute (JBI) checklist for descriptive and cohort studies [7, 8]. For each item the response was recorded as yes or no and a credit point of “one” was assigned for yes and “zero” for no. Total counts of all the points were obtained. Higher counts indicates well appraisal.

STATISTICAL ANALYSIS

For meta-analysis MHOR, MD, and 95% CI were computed by using the fixed effect model. The Chi-square and I^2 statistic were used to test heterogeneity [9]. The Review Manager Software (Rev Man 5, Cochrane collaboration, Oxford, England) was used for data analytics [10].

RESULTS

Overall, 408 citations were identified from the initial search, of which 93 studies were retrieved. Later, 315 studies were excluded. Of the remaining 22 studies, 19 were subjected to meta-analysis in the second phase [Table/Fig-1]. The critical appraisal of the studies included in the present review has been shown in [Table/Fig-2] [11-32].



[Table/Fig-1]: PRISMA 2021 flow diagram.

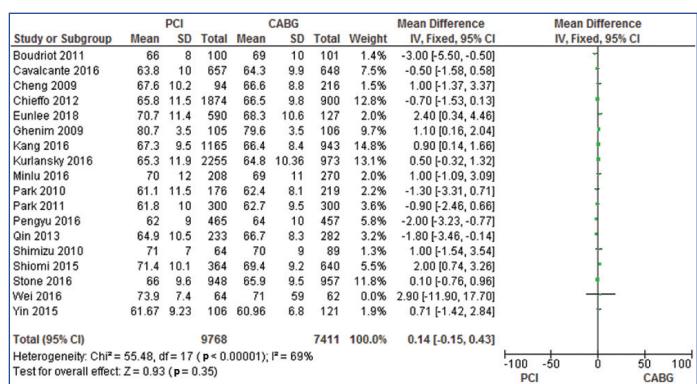
The studies selected for meta-analysis ($n=19$) contributed a sample of size 17,053 [Table/Fig-1]. A total of 9,663 (57%) patients underwent PCI and 7,390 (43%) underwent CABG. Mean age of the study population in PCI group was 66.15 ± 10.71 and in CABG group it was 66.16 ± 9.43 . Thus age was homogeneous (MD=0.14; 95% CI=-0.15 to 0.43) between PCI and CABG [Table/Fig-3].

The majority of the study population was males (71% in the PCI group and 73% in CABG). Performance of PCI or CABG was not associated (MHOR=0.97; 95% CI=0.91 to 1.04) with gender [Table/Fig-4].

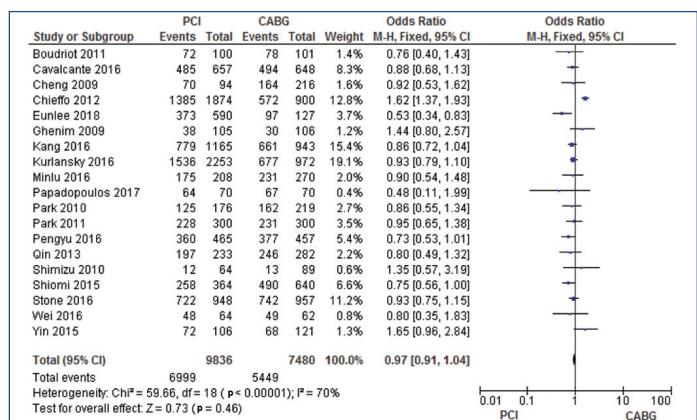
| Study | Design | Sample size | Appraisal score |
|--------------------------------------|-------------|-------------|-----------------|
| Boudriot E et al., [11] | RCT | 201 | 5/7 |
| Cavalcante R et al., [12] | RCT | 1305 | 4/7 |
| Cheng Cl et al., [13] | Cohort | 269 | 8/12 |
| Chieffo A et al., [14] | Cohort | 2774 | 8/12 |
| Eeunlee S et al., [15] | Cohort | 717 | 8/12 |
| Ghenim R et al., [16] | Cohort | 111 | 8/12 |
| Kang SH et al., [17] | Cohort | 2108 | 9/12 |
| Kurlansky P et al., [18] | Cohort | 3212 | 7/12 |
| Minlu T et al., [19] | Cohort | 478 | 7/12 |
| Papadopoulos K et al., [20] | Cohort | 140 | 8/12 |
| Park DW et al., [21] | Cohort | 395 | 9/12 |
| Park SJ et al., [22] | RCT | 600 | 5/7 |
| Pengyu T et al., [23] | Cohort | 922 | 7/12 |
| Quin Q et al., [24] | Cohort | 515 | 7/12 |
| Shimizu T et al., [25] | Descriptive | 153 | 8/10 |
| Shiom H et al., [26] | Cohort | 1004 | 8/12 |
| Stone GW et al., [27] | RCT | 1896 | 2/7 |
| Wei Z et al., [28] | Descriptive | 126 | 6/10 |
| Yin Y et al., [29] | Descriptive | 127 | 9/10 |
| Kawec D et al., [30] [#] | RCT | 145 | 2/7 |
| Naganuma T et al., [31] [#] | RCT | 829 | 2/7 |
| Rathod KS et al., [32] [#] | RCT | 1,23,780 | 4/7 |

[Table/Fig-2]: Critical appraisal of the studies [11-32].

[#]Excluded from meta-analysis (lack of outcomes)



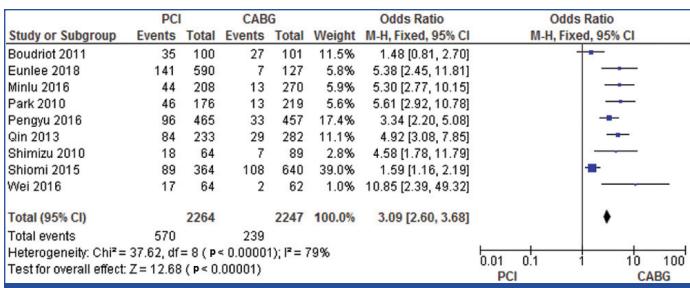
[Table/Fig-3]: Age according to PCI and CABG.



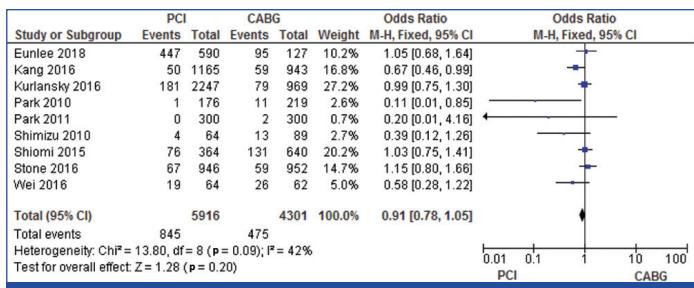
[Table/Fig-4]: Gender according to PCI and CABG.

The PCI was extensively performed in single vessel disease cases (MHOR=3.09; 95% CI=2.6 to 3.68) or double vessel disease cases (MHOR=2.52; 95% CI=2.25 to 2.81) [Table/Fig-5,6]. The patients with triple vessel disease underwent CABG (MHOR=0.24; 95% CI=0.21 to 0.26) [Table/Fig-7].

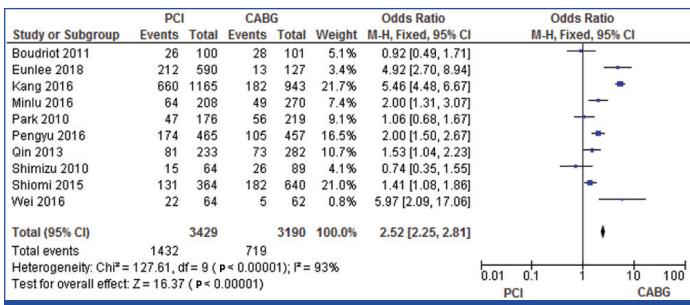
Choices for PCI and CABG was not associated with peripheral vascular diseases (MHOR=0.99; 95% CI=0.82 to 1.19), cardiovascular diseases (MHOR=0.92; 95% CI=0.56 to 1.52), previous MI (MHOR=1.1; 95% CI=1 to 1.21), previous heart failure



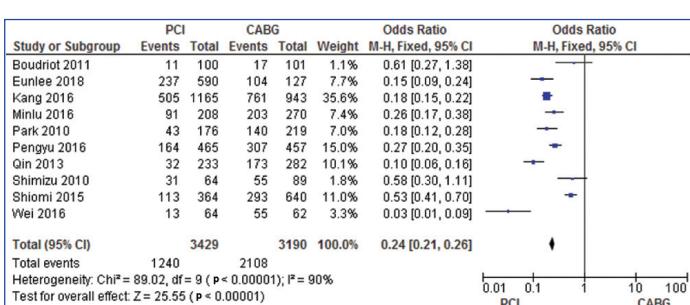
[Table/Fig-5]: Single vessel diseases according to PCI and CABG.



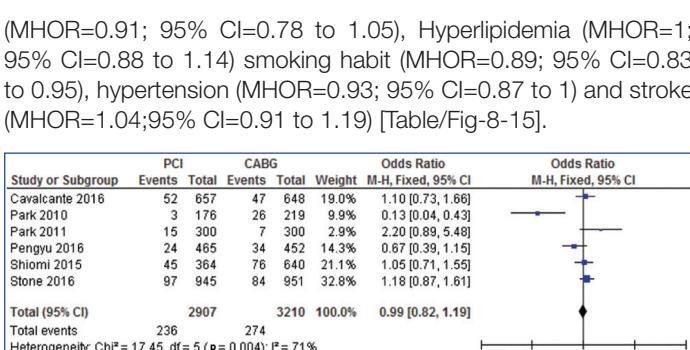
[Table/Fig-11]: Previous heart failure according to PCI and CABG.



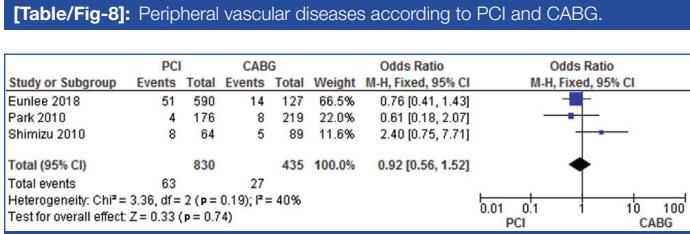
[Table/Fig-6]: Double vessels diseases according to PCI and CABG.



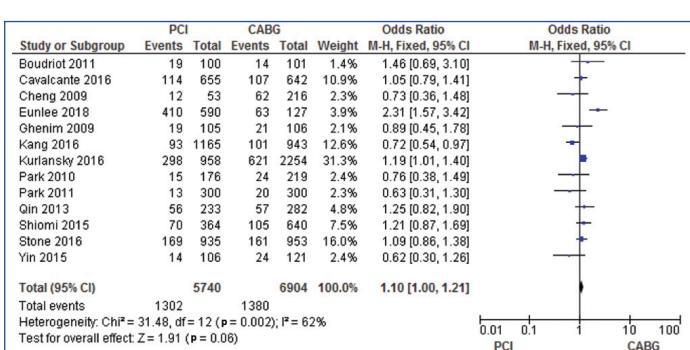
[Table/Fig-7]: Triple vessels diseases according to PCI and CABG.



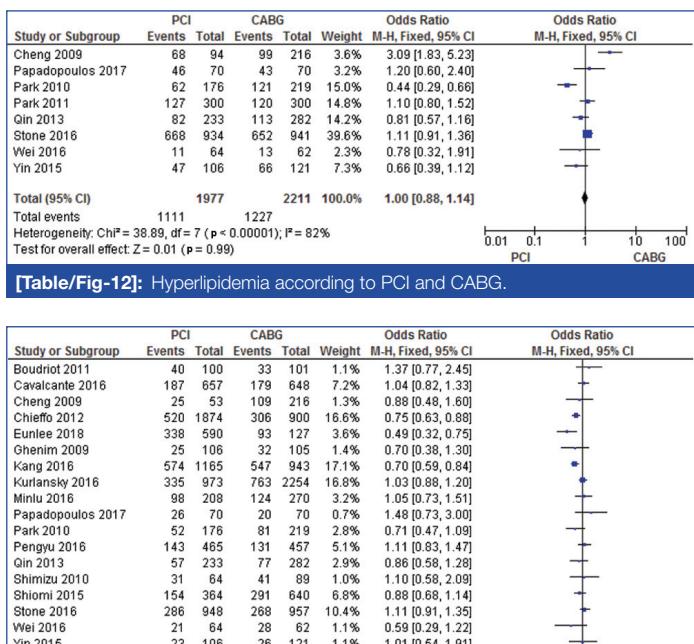
[Table/Fig-8]: Peripheral vascular diseases according to PCI and CABG.



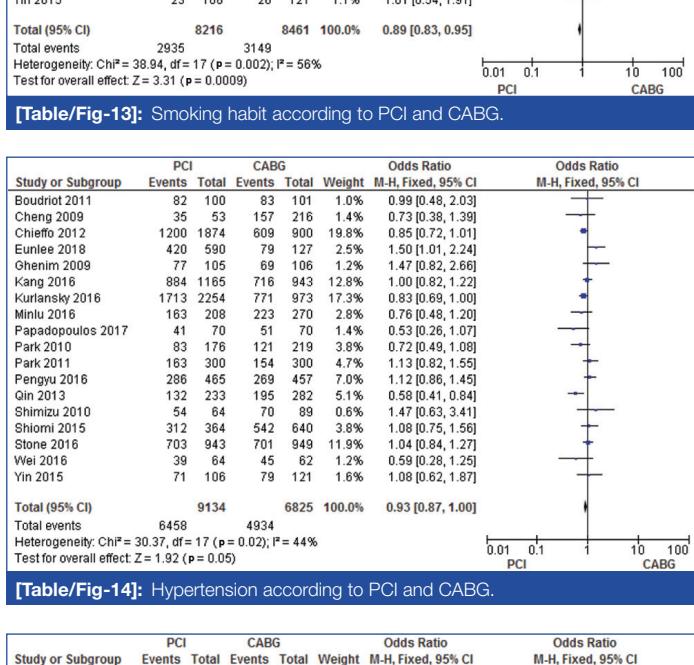
[Table/Fig-9]: Cardiovascular diseases according to PCI and CABG.



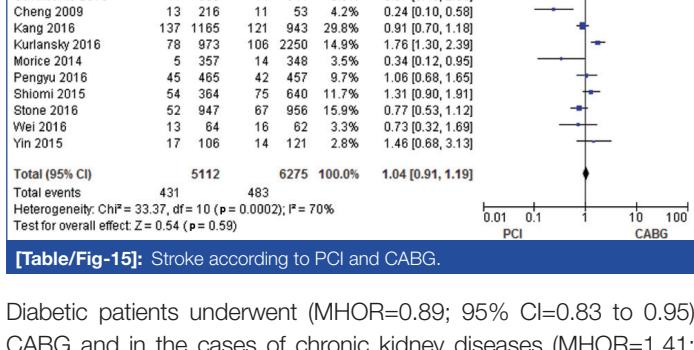
[Table/Fig-10]: Previous MI according to PCI and CABG.

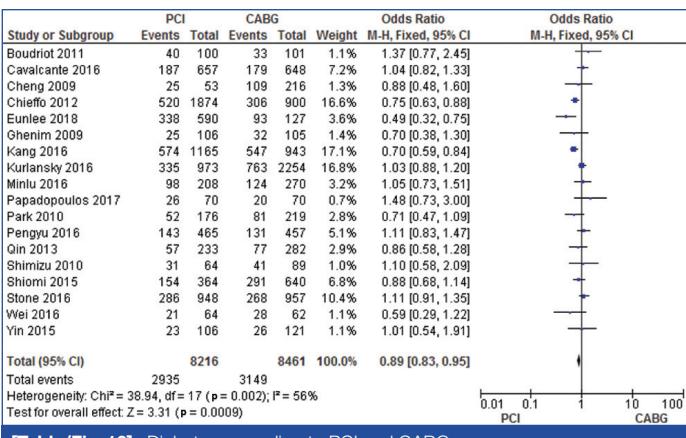


[Table/Fig-12]: Hyperlipidemia according to PCI and CABG.

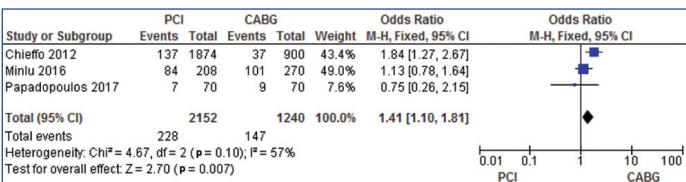


[Table/Fig-13]: Smoking habit according to PCI and CABG.



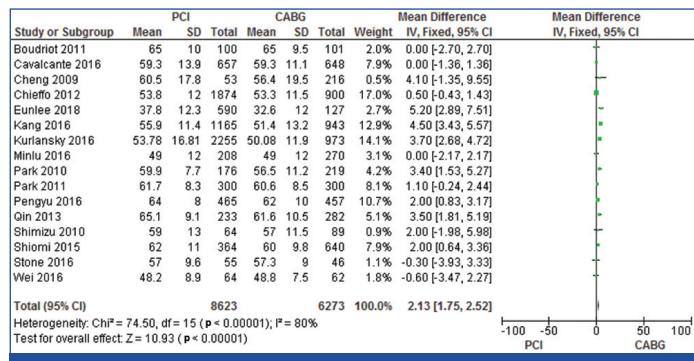


[Table/Fig-16]: Diabetes according to PCI and CABG.

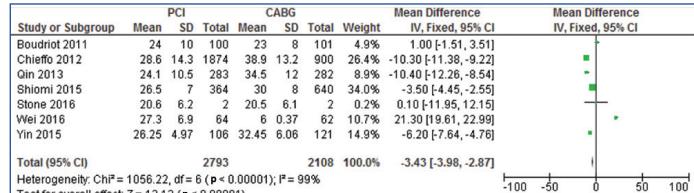


[Table/Fig-17]: Chronic kidney disease (CKD) according to PCI and CABG.

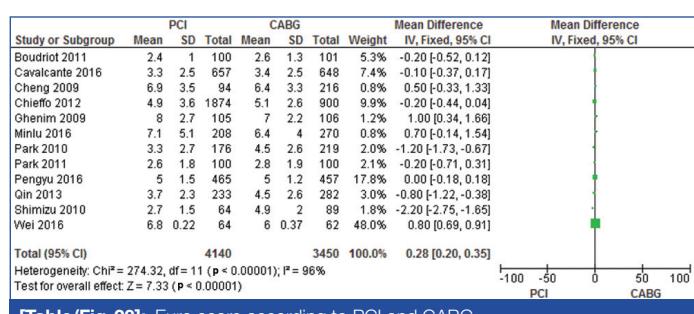
The PCI was performed among patients with higher ejection fraction (MD=2.13; 95% CI=1.75 to 2.52) or higher SYNTAX score (MD=-3.43; 95% CI=-3.98 to -2.87). CABG was performed among the patients with a higher euro score (MD=0.28; 95% CI=0.2 to 0.35) [Table/Fig-18-20].



[Table/Fig-18]: Ejection fraction according to PCI and CABG.



[Table/Fig-19]: SYNTAX score according to PCI and CABG.



[Table/Fig-20]: Euro score according to PCI and CABG.

DISCUSSION

The PCI and CABG improve prognosis in CAD patients by attenuating the ischaemic state and reversing the left ventricular remodelling [33]. Effectiveness of PCI and CABG is associated with revascularisation and clinical outcomes. Cases with an EF of 35% or less have reported better survival with CABG than PCI [34]. Those

patients who undergo PCI multiple times before being referred for CABG were at higher risk for graft failure [33].

The CABG has been found to be superior to PCI in patients older than seventy years with respect to the incidence of adverse cardiac events. Among the patients younger than seventy years, there was no difference in the adverse cardiac events between PCI and CABG [35]. In this study, there was no difference in age between PCI and CABG groups. Also, the performance of PCI and CABG was not associated with gender. However, despite the similar prevalence of CAD between the genders, female cases were less likely to undergo revascularisation [36].

The PCI is associated with single or double vessel diseases and it is mainly driven by higher rates of myocardial infarction and revascularisation. CABG is associated with multi-vessel or unprotected left main coronary artery disease [15]. The lower rate of adverse cardiac or cerebrovascular events at one year among patients with triple vessel diseases or left main CAD (or both) induces CABG as standard care as compared with PCI [37]. CABG improves Left Ventricular (LV) function and it reverses adverse remodelling. This has resulted in improved survival rate and decreased the incidence of adverse cardiac events. However, CABG in patients without viable myocardium (hibernating/stunned myocardium) leads to an unfavourable structural alteration and the clinical benefits [38]. The magnitude of the recovered ventricular function was reported to be proportional to the amount of dysfunctional myocardium, greater than 25% LV (four from seventeen segment model) results in improvement in reverse remodelling [38]. The rate of peripheral vascular diseases, previous MI, heart failure, stroke, diabetes, hyperlipidemia, smoking habit and hypertension are consistently homogeneous between PCI and CABG.

Patients with previous CABG often develop progression of atherosclerotic diseases and hence they may require further revascularisation. Among such cases, PCI is associated with higher incidence of restenosis, procedural complications and chronic adverse cardiac events [32]. However, PCI with drug eluting stents for ostial or mid-shaft lesions in CAD demonstrated favourable clinical outcomes than PCI for distal bifurcation lesions [31]. The ability of drug eluting stents to reduce restenosis as compared to PCI with bare metal stents enhances their use in CAD. Thus, in left main stenosis has become an alternative to surgery and it favors for further revascularisation [30].

Patients with a high SYNTAX score undergo CABG and cases with a high euro score followed PCI. Performance of PCI is also associated with a higher ejection fraction [3]. PCI with stent implantation and CABG are associated with Q-wave MI, cerebrovascular accidents, angina, or stroke among CAD patients [12,15]. The Target Vessel Revascularisation (TVR) rates were reportedly higher among PCI group than CABG. This inferiority character of TVR was associated with repeat revascularisation, whereas the risk of MI was non inferior in PCI cases with lower perioperative morbidity [31]. In PCI group, the rate of long-term repeat revascularisation was higher than CABG. The decision towards PCI and CABG also determined by the anticipated periprocedural risk, graft occlusion and restenosis; based on the SYNTAX score, lesions observed in morphology, and underlying co-morbidities [23,27].

Limitation(s)

Stratification of patients into PCI and CABG was reported among the included studies have been followed by the eligibility criteria of this review. However, the PCI procedures can be altered with respect to number of stents implanted, repeated revascularisation, and types of techniques (culotte/V-stenting/protrusion/crush) used. These heterogeneities were the major limitations of this study.

CONCLUSION(S)

The PCI is thought to be limited mainly to single vessel disease whereas CABG provided better outcomes in complex multi vessel diseased cases. The ejection fraction, SYNTAX score, euro score,

type of vessel disease, CKD, and presence of diabetes are the pathophysiological determinants for PCI and CABG.

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